CLC Women Summer School

Instructor Training

July 13 to 18, 2014

Port Elgin, ON

I feel very privileged to have been able to participate in this weeklong training. The two facilitators were amazing. One was from the CLC and the other from CUPE. Together they brought a variety of techniques and tools for us to use in facilitation.

We begin with an overview of adult education and given many resources to help us with our facilitation. We learnt about the importance to get to know your audience, noticing different disabilities but most importantly to listen to their wants, meaning what they expect to learn from the workshop.

We learnt how the preparation of materials, such as flipcharts, audio visual that is needed, basically being familiar with materials prior to a workshop can save time and then allow us more time cover materials and questions from the participants.

We then were assigned a specific section of an established workshop, and in groups of two we had to prepare 30 minute round of facilitation to the class. The object was to use our new tools and resources, including the art of hosting.

We were being judge on the presentation, the originality, the activities we used…We received feedback from our peers and the instructors. They gave the positive as well the negative points. This was really great to know the strong points as well as points to work on.

I am taking back with me the confidence in myself that it will help me in my job as well as the membership. It will help me in chairing my committee meetings, our regional meetings and the one on one conversations with the members as well as the employer. I think there are workshops that could be tailored to our locals needs.

Once again I thank COPE 491 for giving me this great opportunity!

Submitted in solidarity,

Ann Duprey

:ad/cope 491